



Ronald McDonald House Charities® Eastern Wisconsin

# Snacks from Scratch

www.RMHCHOME.org 414.475.5333

## What is the Snacks from Scratch program?

The Snacks from Scratch program provides homemade snacks for the families staying at the Ronald McDonald House. This program allows the opportunity to participate in the Family Meal Program at RMHC to volunteers who are unable to make the time/financial commitment to complete a Family Dinner or Brunch. Please understand that you will not be serving your snacks to families as you would with a meal, but simply providing snacks for later use. It's also a perfect opportunity for smaller groups or even individuals to come in.

## How many people will I need to participate?

The Snacks from Scratch program allows a maximum of 10 volunteers. All participants must be age 14 or older and in good health. It is RMHC policy that anyone who has exhibited cold or flu-like symptoms or has been recently exposed to an infectious disease will not be permitted to enter the House (Please see Family Meal Program Guidelines for further information). Children age 9 and older will be allowed to participate on Sundays and Holidays, between May 1<sup>st</sup> and October 1<sup>st</sup> (to minimize risk of exposure during flu season).

## How much food should I make?

There is no set amount of servings you are required to make, but we suggest that you prepare enough for 35 people.

## What dates/times are available?

Volunteer opportunities are available based on kitchen and programing availability.

## Planning

Some Snacks from Scratch ideas can be found below, but please feel free to get creative and make your own specialties!

- Sweet Treats- Cookies, Brownies, Muffins
- Healthier Snacks- Granola, Trail Mix, Ants on a log, Applesauce
- Muddy Buddy, Granola Bars, Yogurt Covered Pretzels, Chex Mix

All ingredients necessary to complete the snack will need to be brought to the House by your group.

Kitchen Essentials are provided (bowls, cookie sheets, muffin tins, spoons, blenders, mixers, etc.), but please bring along any special or specific utensils you might need (a mold, decorating items, wax paper, muffin liners, etc).

Please bring disposable containers/Ziploc bags/plastic wrap to individually store the snacks that you made.

- ❖ Consider bringing cellophane or decorative baggies to make the snacks aesthetically pop.

### How do I sign up?

After reading through the Family Meal Program Guidelines and the Food & Safety Guidelines, you can sign-up directly through the RMHC Milwaukee Website. To sign up, follow these steps:

1. Once you have chosen a desired date and time, fill out the [Meal Request Form](#), available on the [RMHC website](#).
2. Submit your completed Meal Request Form and you will be contacted by the Family Meal Manager to confirm that your selection is available.

## On the day you are volunteering:

### Arriving at the House:

- Pull your vehicle up to the main entrance.
- Sign in at the Front Office and receive a visitor badge.
  - Everyone entering the House is screened for any current or recent illness.
- Request to speak with the Family Meal Program Coordinator or Manager on Duty to receive direction.
- Request a cart from the Front Office and unload all food.
  - If you require assistance, please ask!
- After unloading your supplies, park your vehicle in the front surface lot, and return to the kitchen.

### Preparation

- All volunteers must begin by washing their hands and using gloves (we provide) while preparing food.
  - It is extremely important that every effort to prevent food borne illness is taken to ensure that we are providing a safe environment for our families. Please make sure to repeatedly wash hands and change gloves throughout your visit at RMHC Milwaukee.
- RMHC Global Guidelines state that all food must be prepared and cooked on site or in a commercial kitchen, so we require all volunteer groups to prepare the food in our kitchens.

### After You Are Done Preparing

- Wipe all counters, and leave the kitchen area as clean as when you arrived.
- Load and run all dishes through the dishwasher.
- Please speak with the Family Meal Program Coordinator or Manager on Duty if you would like a tour of the House.
- Touch base with the Family Meal Program Coordinator or Manager on Duty to notify them that you are finished.
- Sign out at the Front Office and return your visitor badge.

Thank you for supporting the Ronald McDonald House Meal Program! If you have any questions, please contact us:

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